

## *Welcome to the Hammerhead Family!*



Dear Hammerhead Families, Friends and Extended Family,

Welcome to the HMH-366 family! My name is Elaina Avalos, the squadron's Family Readiness Officer (FRO). If you're new to the Marine Corps and are not sure what the role of the FRO is, my duties include:

- Official communication & family outreach
- Information & referral
- Readiness & deployment support
- Volunteer management

As your FRO, I am your official source of information not only related to HMH-366 but as your link to community, base and national information and resources. In keeping with that role as your link to the latest information and resources, as well as squadron news and events, you will hear from me on a regular basis through several different avenues of communication. These include weekly updates, [eMarine](#) website updates, squadron newsletters, and e-mails. If you ever find that you are not hearing from the squadron, please do not hesitate to contact me via e-mail or the phone, as I may not have updated contact information for you.

Lastly, I am here for you, your Marines and Sailors and your extended family. If there is ever anything I can do for you, please do not hesitate to reach out! My office hours generally run from 8:00-4:00. But if your schedule does not permit you to meet with me during those times, I can accommodate your schedule. Lastly, if you e-mail me and do not receive a reply within 24 hours, please consider resending the e-mail.

I look forward to getting to know you! Please let me know if you need anything.

Semper Gumby,

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